



**Aikido at the Center
welcomes
Ginny Breeland, 5th dan
Pete Breeland, 5th dan**

January 27, 2018



Join us for our January
Gasshuku!

Pete and Ginny Breeland
will be focusing on Riai—
how empty hand
techniques relate to
bokken and jo.

Practice Schedule

Morning: 9-12
Afternoon: 2-5

Cost: \$70

With over 38 years of
experience in aikido
each, the Breelands have
extensive knowledge.

Ginny Breeland is
featured in the YouTube
video series *Aikido
Advice for Women...and a
Few Men*

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