



Hans Goto Sensei, 7th Dan Hoa Newens Sensei, 7th Dan at Aikido at the Center November 3-5, 2017



Hans Goto has almost 40 years' experience in the martial arts. His main study has been Aikido, with extended residential training in Iwama, Japan under Morihiro Saito Shihan. Goto Sensei is the first non-Japanese citizen to undergo this intensive traditional style training. In addition to a 7th degree black belt in Aikido, he has also trained in Judo, T'ai Qi Quan, and Wushu. Goto Sensei is Head Instructor and founder of Bay Marin Aikido and President of Takemusu Aikido Association. Goto Sensei is recognized world-wide for his exceptional instruction with students of all levels and his skill at making Aikido techniques accessible to everyone.

Howard Hoa Newens has trained and taught Aikido since 1967. Throughout the years, he studied with Sensei Dang Thong Phong, 6th dan, Seiichi Sugano, 8th dan, and the late Morihiro Saito, 9th dan. Newens Sensei is the former head of Aikido Institute Oakland. In addition to directing Aikido Institute Davis, he currently serves on the board of Takemusu Aikido Association a non-profit corporation dedicated to promoting Aikido. Newens Sensei has published a comprehensive series of Aikido DVDs and the book *Aikido Insights*.

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